

Agenda: Wednesday, March 5

7:00 AM Exhibitor Set Up

7:30 AM Registration | Windhaven

8:30 AM Welcome | Collinwood I

Pennie Beauchamp, Executive Director
Mental Health America of Greater Dallas

Keynote Address

Saul Malek - The voice of modern gambling



49TH ANNUAL

Adolescent Symposium

Serving Communities Working with Youth

To learn more about other events offered by MHA - Greater Dallas,
visit www.mhadallas.org/events

10:00 AM Break

10:15 AM Concurrent Workshops

Dissociative Disorders in Adolescents
Northbrook I

Cracking the Code of Adolescent Ethics
Sunnyslope

Supporting Transgender Adolescents
and Their Families
Collinwood III

We Are Never Ever Getting Back Together
Collinwood II

Supporting Children of Military Members:
Therapeutic Approaches for Clinicians
Fairview

Current Drug Trends
Northbrook II

Attachment, Individuation, & Developmental
Trauma Patterns in Adolescence
Spring Glade

Ethics: Tell Me No Lies & Keep Your
Hands to Yourself
Collinwood I

11:45 AM Grab & Go Lunch Break | Collinwood I

Self-Care: Inside Out
Northbrook III

1:00 PM Concurrent Workshops

Holding Space: Helping Teens
Navigate Grief and Loss
Spring Glade

Obsessive Compulsive Disorder:
An Overview Of Exposure Therapy And
Treatment of Adolescents
Northbrook I

The Future is Here: How Social Media
Invests in Social Capital
Northbrook III

Technology & Mental Health
Northbrook II

Caring for Neurodivergent Brains:
What We Can Do Better
Fairview

Beyond Words: Harnessing Projective
Activities for Emotional Discovery
Collinwood I

Transformative Care: Strategies for
Incorporating Trauma Techniques with Children
and Adolescents
Collinwood II

Hooked on Nicotine- What to Do About It
Collinwood III

Digital Media and Teen Abuse
Sunnyslope

2:30 PM Break

2:45 PM Concurrent Workshops

Helping Teenagers Who Never
Asked for Help in the First Place
Collinwood III

Unaccompanied Minors: Navigating an
Over-Burdened System
Northbrook III

Integrating Nature into Your Work:
An Experiential Approach for Clinicians
and Educators
Northbrook II

Que Ansia: Anxiety Disorders in Latinos
Northbrook I

Write to Heal
Sunnyslope

Empower, Engage, Excel: Evidence-Based
Practices for Improving Academic
Achievement in Students with ADHD
Spring Glade

Influencers Under the Influence: The Impacts
of Social Media on Teen Substance Use
Collinwood I

Positive Psychology and Well-Being
Fairview

Suicidality and Teens: Building Hope and
Resiliency in Dark Times
Collinwood II

4:15 PM End

Agenda: Thursday, March 6

7:30 AM **Registration** | Windhaven

8:30 AM **Keynote Address** | Collinwood I
Drew Myers - Intentionality Coach
Pennie Beauchamp, Executive Director
Mental Health America of Greater Dallas



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10:00 AM **Break**

10:15 AM **Concurrent Workshops**

The Aftermath: Children After Divorce
Collinwood I

Dismantling the School to Prison
Pipeline through Legislative Advocacy
Collinwood II

Heal Thyself: A Counselor's Work from the
Inside Out
Northbrook III

Youth in Crisis: The Misdiagnosis and
Labeling of Marginalized Youths in Schools
Northbrook II

Cannabis Use and Psychosis: A Look at the
Relationship in Adolescent Populations
Fairview

Mood Disorders and Fostering Resilience
in Youth
Sunnyslope

Complex Trauma in Teens
Spring Glade

Are the Adults Okay?: Addressing Burnout,
Stress, and Well-being in Youth-Serving
Individuals
Collinwood III

Understanding Factors that Influence Latino
Youth in Job Preparation and Higher Learning.
Implications and Interventions
Northbrook I

11:45 AM **Grab & Go Lunch Break** | Collinwood I

1:00 PM **Concurrent Workshops**

Narrative Therapy & EMDR: Trauma,
Addiction & Teens
Northbrook III

"I hate my body!" Treating Body
Image Dissatisfaction in Therapy
Fairview

Assessing Risk for School Violence and
Self-Harm in Adolescent Populations
Spring Glade

DBT Interventions Targeting Aggression and
Staff Burnout in Juvenile Justice Settings
Sunnyslope

Hurry Up And Heal?: A REALISTIC Application
For Treating Trauma In Schools Despite Barriers
Collinwood III

Ethics: Tell Me No Lies & Keep Your
Hands to Yourself
Collinwood I

Common Substance Use Trends in
Adolescent Youth and Fentanyl Awareness
Northbrook I

Sexualized Attachment and Adopted Males
Northbrook II

Marijuana Use in Adolescents
Collinwood II

2:30 PM **Break**

2:45 PM **Concurrent Workshops**

What's Emotion Regulation Got to
Do with It? De-escalation in School,
Juvenile Justice, and Community
Northbrook I

Living in the "And": Supporting Teens
Living in Loss and Hope
Fairview

Recognizing the Unseen: Understanding Subtle
Autism Presentations in Adolescent Girls
Spring Glade

Translating VA Expertise: Advancing Trauma-
Informed Care for Adolescents and Adults
Collinwood I

Reclaiming Identity: Supporting LGBTQ+
Adolescents through Affirmative Therapy and
Trauma-Informed Care
Northbrook III

Write to Heal
Sunnyslope

REPORT
Northbrook II

Hearing the Unheard: Bringing Awareness to
Black and Brown Child Trafficking in the
United States
Collinwood III

Increasing School Attendance in a Distressed
and Distracted World
Collinwood II

4:15 PM **End**